

EMF & Health Risks How to Protect Yourself from Smart Meter Hazards

Are you concerned about having a smart meter installed?

If your utility company hasn't already installed a smart meter, or your county or state has prohibited the use of smart meters, you may be fine, for now. But nearly every state in the U.S. has smart meters, and they continue to be rolled out.

What are your options?

Avoid getting a smart meter installed, opt out, or get the meter removed.

Preventing smart meters from being installed

- If you do not have a smart meter installed yet, you can notify your utility that you don't want one. In some cases, this is not a permanent solution.
- You can put a locked cage around your existing analog meter, allowing meters to be read but not accessed. If you go this route, get up-to-date information on how these can be attached or locked so they cannot be removed. <https://youtu.be/vFMr7ge51c4>

Removing a smart meter and replacing it with digital or analog opt-out meters

- Many utility companies have an option to change your meter back to the original analog meters or a digital variation. This will usually include an installation cost and a monthly fee. Here's an example of one such program in California.

Many local governments across the U.S. have passed ordinances banning smart meter installation. In most cases, utilities have not complied.

Protect yourself or home from installed smart meters.

Smart meter shields

You can purchase smart meter shields or construct them yourself. These may block some of the transmission from entering your home. <https://smartmeterguard.com/>

Opinions differ on how well they work, but anecdotal evidence suggests that in some cases symptoms have lessened or disappeared entirely after residents shielded their smart meters.

Get Smart Meter Protection

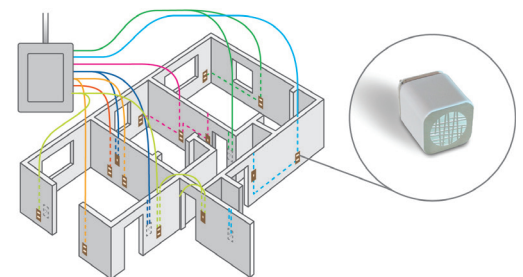
- **SafeSpace EMF Adapter** for home protection
- **SafeSpace II environmental protection pendant** for personal protection
- **Radiant Room** for room and home protection

Choose Products to

Protect Yourself
SafeSpace Solutions



SAFESPACE SOLUTION



SafeSpace EMF Adapter

EMF & Health Risks How to Protect Yourself from Smart Meter Hazards

Continued

Personal and In-Home protection devices are easy, comprehensive, and efficient options

If your neighbors have smart meters and live reasonably close, getting rid of your smart meter may not significantly lower your risk. This is especially true in apartment buildings, office buildings, duplexes, and townhouses. Your neighbors may or may not agree to have their meters removed.

SafeSpaceProtection.com offers three devices that can help protect you or your entire home without removing your Smart Meter or rigging a shield. Let's review the health risks smart meters pose.

Get Smart Meter Protection

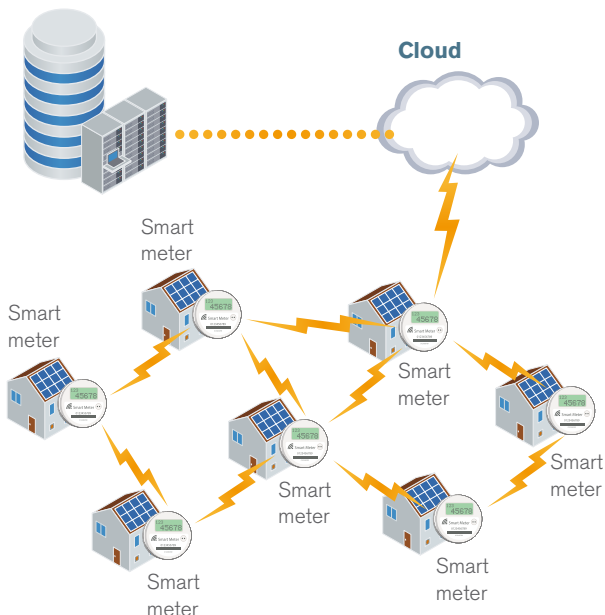
- **SafeSpace EMF Adapter** for home protection
- **SafeSpace II environmental protection pendant** for personal protection
- **Radiant Room** for room and home protection

Choose Products to Protect Yourself

SafeSpace Solutions

SMART METER NETWORK

Electric company



What Are Smart Meters?

Installed close to homes and offices, smart meters are electronic devices used by utilities to record electricity use.

Unlike traditional analog meters that are read manually, the new smart meters capture more extensive information about your electricity use and transmit it electronically to the utility company. The intention is to generate more detailed data for your utility to track energy use and efficiency.

This seemingly beneficial device can pose a danger to those who are sensitive to electromagnetic frequencies.

Smart Meter Risks

Far stronger than the transmissions from your wi-fi router, smart meter transmissions radiate throughout your home.

Warnings from experts

Respected researchers in fields such as biophysics, biochemistry, neurobiology, medicine, and environmental medicine have drawn on the results of related studies, and they issue this warning about smart meters:

The pulsing nature of transmissions is particularly alarming, with some smart meters emitting as many as 14,000 short bursts of microwave radiation daily.

EMF & Health Risks How to Protect Yourself from Smart Meter Hazards

Continued

As reported in the International *Journal of Neurosciences*, a double-blind EMF provocation procedure undertaken with a physician with EMF hypersensitivity showed symptoms of headache, temporal pain, muscle twitching, and skipped heartbeats occurring within 100 seconds after exposure to EMF transmissions.

The researchers concluded, "...the symptoms were caused primarily by field transitions (off-on, on-off) rather than the presence of the field..."

In the *BioInitiative Report* on 'stress proteins', Dr. Martin Blank of Columbia University says...

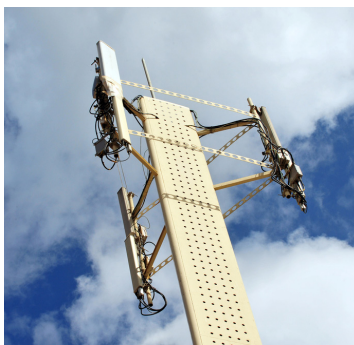
"Cells in the body react to EMFs as potentially harmful, just like to other environmental toxins, including heavy metals and toxic chemicals. The DNA in living cells recognizes electromagnetic fields at very low levels of exposure; and produces a biochemical stress response. The scientific evidence tells us that our safety standards are inadequate, and that we must protect ourselves from exposure to EMF due to power lines, cell phones and the like, or risk the known consequences."

The American Academy of Environmental Medicine has called for safer use of electronic and radio frequency technologies citing

studies that show the neurological, genotoxic, and nephrotoxic effects of EMF exposure. "...The current medical literature raises credible questions about genetic and cellular effects, hormonal effects, male fertility, blood/brain barrier damage and increased risk of certain types of cancers from RF or ELF levels similar to those emitted from smart meters"



fré sonneveld / unsplash.com



Get Smart Meter Protection

- **SafeSpace EMF Adapter** for home protection
- **SafeSpace II environmental protection pendant** for personal protection
- **Radiant Room** for room and home protection

Choose Products to Protect Yourself

SafeSpace Solutions

Why smart meters pose especially high levels of risk

While EMF from cell towers, transmission lines, and other sources may already be present in your home or office, there are three ways smart meters greatly increase your health risks:

1. Smart meters send radiofrequency radiation from a much closer range.
2. As noted above, their pulsed signals have been shown to be particularly harmful. These can lead to calcium channel activation, which

EMF & Health Risks How to Protect Yourself from Smart Meter Hazards

Continued

is a major component of excitotoxicity, the pathological process by which nerve cells are damaged or killed by excessive stimulation.

3. In apartment complexes or office buildings, clusters of smart meters further increase the amount of transmissions.

Compelling evidence of smart meter hazards

While utilities maintain that smart meters pose no health risks, a host of respected scientists and researchers, along with a wealth of anecdotal evidence, have proven otherwise.

Reports by researchers and medical authorities find consistent symptoms in response to the installation and presence of smart meters:

1. Sleep problems
2. Stress, anxiety, irritability
3. Headaches
4. Ringing in the ears
5. Concentration, memory, or learning problems
6. Disorientation, dizziness, or balance problems
7. Fatigue, muscle, or physical weakness
8. Eye problems, including eye pain, pressure in eyes
9. Cardiac symptoms, heart palpitations, heart arrhythmias

A Personal Story of Smart Meter Risks

One Michigan family's story:

Leslie began suffering from insomnia and found out only later that a smart meter had been installed at her home on the date she first suffered symptoms.

In addition, three and a half months after smart meter installation, her son Drew, a diabetic, experienced a dangerous spike in his blood sugar level. Tests showed his blood sugar level had risen to 9.5 from 6.8, the stable level he had for two years. Leslie spent months trying to get the utility to remove the smart meter. When they refused, she took the meter down herself.

Get Smart Meter Protection

- **SafeSpace EMF Adapter** for home protection
- **SafeSpace II environmental protection pendant** for personal protection
- **Radiant Room** for room and home protection

Choose Products to Protect Yourself

SafeSpace Solutions



jordan whitt / unsplash.com

EMF & Health Risks How to Protect Yourself from Smart Meter Hazards

Continued

One month after the meter was removed, Drew's blood sugar levels went down to 7.4. After two months, they were down to 7.2. Leslie was also able to sleep again.

See: <http://www.smartmetereducationnetwork.com/smart-meter-health-effects.php#SMSHHLADS>

Three money-back-guaranteed solutions from SafeSpace

SafeSpace home-office protection: The plug-in EMF Adapter

This plug-in device can clear and protect an entire home or office space from the harmful effects of EMF radiation, including transmissions from smart meters, routers, circuitry, and appliances. Just plug one adaptor into any free socket.

It works by going to the entry point of the power coming into your home and harmonizing all the electric fields connected to it, including those from smart meters.

[Learn more >](#)

Amplify protection in your home: Radiant Room

Place this disc device in a room in your home to amplify the positive energetic field of your home and help counteract the effects of neighbors' smart meters. This device protects up to 400 square feet and can be taken with you on trips.

[Learn more >](#)

Carry or wear our protective pendant: SafeSpace II

This pendant provides a seven-foot circle of protection, shielding you from a broad range of environmental stressors—Wi-Fi and EMF transmissions in your home or office, smart meters, and exposure while you're traveling.

[Learn more >](#)

All of the above devices come with a 30-day free trial

Get Smart Meter Protection

- **SafeSpace EMF Adapter** for home protection
- **SafeSpace II environmental protection pendant** for personal protection
- **Radiant Room** for room and home protection

Choose Products to Protect Yourself

SafeSpace Solutions

